



2024-25

TAKE THE NEXT STEP



U8 & U9 DEVELOPMENT PROGRAM

# Mike Walsh

## U8-U9 HAMILTON HUSKIES PROGRAM DIRECTOR

- Hamilton Huskies - U8 & U9 Developmental Program Director since 2016
- Lead instructor Hamilton Steel AAA Future Stars Program
- Hamilton Huskies - AAA Head Coach 2016-2017
- Minor Hockey Coach/Mentor/Development Instructor with 32 years experience coaching A-AAA hockey, U8-U18 in Dundas, Ancaster & with the Hamilton Huskies
- Played Junior B/C Hockey with the Dundas Blues for 4 Years
- Teacher/Coach/Athletic Director @ Ancaster Secondary School - 31 Year Career
- Operator of Ancaster High School's Hockey Canada Skills Academy – 13 Years
- Certified Power- Edge Pro Instructor
- Certified Strength and Conditioning Specialist (CSCS)
- Alliance Hockey Head Coaches Certification Instructor
- Head Instructor U7-U10 Developmental Program for Ancaster Minor Hockey - 4 Years



# BEN WALSH

## U8 LEAD INSTRUCTOR

- Hamilton Huskies U8 & U9 Development Program Instructor since 2022
- Lead Instructor for the Hamilton Steel AAA Future Stars Program
- 2022/2023 Hamilton Huskies U10AAA on-ice skills development coach
- Hamilton AAA Jr. Bulldogs Alumni
- U18AAA Hamilton Reps, 2008/2009 Telus Cup,
- U18AAA Hamilton Reps, Alliance & OHA Champions 2008/2009
- OJHL - Hamilton Red Wings Jr. A team from 2010-2012
- GOJHL - St Catharine's Falcons Jr. B Golden Horseshoe Champion & Sutherland Cup Finalist 2012/2013
- Senior A - Hamilton Steelhawks 2015/2016





# OVERVIEW

## U8 DEVELOPMENT PROGRAM

- The season begins in early Sept, and registration will start in mid-August.
- The season progresses through evaluation, development, gameplay, and season-end stages.
- Sept-March 2025 Season Schedule: U8 home games and practices will be @ Chedoke Arena - Red Pad, Rosedale Arena and or Pat Quinn Arena.
- Hamilton Huskies U8 Development & Head Coaches - Mike and Ben Walsh, see PDF below for their extensive coaching background
- 25+ Hours of team practice per season
- 20+ Season Games Nov-March (Games take place on Saturday and Sunday)
- 2-4 Exhibition Games
- 3 Tournaments, which include the Year End Alliance Championships (12+ Games)
- Typical U8 Huskies Week includes - two one-hour practices on weeknights with home and away games on Saturday and Sundays



## U8 DEVELOPMENT PROGRAM

# MODEL

- Hamilton Huskies Red-White home and away game uniforms with socks
- Hamilton Huskies team practice jersey & Huskies T-Shirt
- Hamilton Huskies CCM Team Tracksuit
- Year-End Huskies Hall of Fame & Team Banquet @ Carmen's
- TS Media Professional Team Photos - Digital Downloads will include a team photo and three individual player poses
- Half Ice Games consist of 8 Players + 1 Goalie per team; the program has a capacity of 36+ players.
- Hamilton Huskies Organization night in Sept 2025 - To cheer on the Hamilton Kilty B's @ Dave Andreychuk Arena
- U8 Hockey Canada Pathway includes smaller nets and half-ice games for the season
- Approx. season cost for the 2024-2025 U8 program is \$1995.00 per player.
- Team fundraising can lower the cost per player based on funds raised.
- Payment is broken down into multiple installments from September to January 2025.
- The Hamilton Huskies are member partners in Alliance Hockey ([www.alliancehockey.com](http://www.alliancehockey.com))





# HIGH ENERGY PROGRESSIVE DEVELOPMENT PROGRAM

- High coach to player ratio: 4-6 instructors on-ice each practice
- Highly qualified skill development coaches
- Consistent error detection and positive correction methods
- Players consistently involved in on-ice skills taking place
- Balance between 45 minute skill development & 15 minute games at practices
- Small Area Games: these fun and competitive hockey drills done in a smaller area to increase intensity of drills and allow for more interaction.
- Station-Based Drills: players organized into small groups rotating through various stations on the ice specifically focused on individual skill development.

## U9 DEVELOPMENT PROGRAM

# MODEL

- The season begins in early Sept, and registration will start in mid-August.
- The season progresses through evaluation, development, gameplay, and season-end stages.
- Sept-March 2025 Season Schedule: U9 home games and practices will be @ Chedoke Arena - Red Pad, Rosedale Arena and or Pat Quinn Arena
- Hamilton Huskies U9 Team Development Training Session x 10 Practices per season
- Goaltenders receive 8 Hours of training @ Grainger Goaltending
- 40+ Games per season (Regular Season x 25 Games + 4 Tournaments x 12-15 Games + 4-6 Exhibition Games)
- 25+ Season Games from October to March (Games take place on Saturdays and Sundays)
- 25+ Hours of team practice per season
- Year End Alliance Championships x 4-6 Games
- Typical U9 Huskies Week includes - two one-hour practices on weeknights, with home and away games on Saturdays and Sundays.



U9 DEVELOPMENT PROGRAM

# MODEL

- Hamilton Huskies Red-White home and away game uniforms with socks
- Hamilton Huskies team practice jersey & Huskies T-Shirt
- Hamilton Huskies CCM Team Tracksuit
- Year-End Huskies Hall of Fame & Team Banquet @ Carmen's
- TS Media Professional Team Photos - Digital Downloads will include a team photo and three individual player poses
- U9 Full ice games begin in January-April each season. Half-ice games for U9 take place between October-December
- Hamilton Huskies Organization night in Sept 2025 - To cheer on the Hamilton Kilty B's @ Dave Andreychuk Arena
- Approx. Season cost for the 2024-2025 U9 program is \$2800.00 per player.
- Team fundraising can lower the cost per player based on funds raised.
- This payment is divided into multiple installments from September to January 2025.
- The Hamilton Huskies are member partners in Alliance Hockey ([www.alliancehockey.com](http://www.alliancehockey.com))





# High Energy Progressive Development Program

- High coach-to-player ratio: 4-6 instructors on-ice each practice
- Highly qualified skill development coaches
- Consistent error detection and positive correction methods
- Players consistently involved in on-ice skills taking place
- Balance between 45-minute skill development & 15-minute games at practices
  - Small Area Games: these fun and competitive hockey drills done in a smaller area to increase intensity of drills and allow for more interaction.
  - Station-Based Drills: players organized into small groups rotating through various stations on the ice specifically focused on individual skill development.

## LIFE SKILLS

- Discipline, Focus, Respect, Commitment, Dedication & Teamwork

